



Gold Humanism Honor Society
HUMANISM IN PRACTICE

A **NEW** newsletter for GHHS leaders of humanism in healthcare

Winter 2021

The Gold Foundation is thrilled to bring you the first edition of the Gold Humanism Honor Society's Humanism in Practice: A newsletter for members to stay connected throughout their careers. Long after you have left your medical school's chapter, GHHS offers incredible opportunities throughout your career.

The most important part of this newsletter is you. We invite you to share your experiences with your colleagues here, so that together, we are stronger in promoting humanism in healthcare.

Are you doing advocacy work that you'd like to share? Are you planning an event or doing research that a peer might be able to participate in? Would you like to share your art?

Please feel free to connect with the GHHS team: **Louisa Tvito at ltvito@gold-foundation.org, Stacy Morris at smorris@gold-foundation.org, & Michelle Sloane at msloane@gold-foundation.org** to share your work, or if you're interested in getting more involved with the Gold Humanism Honor Society.

We look forward to hearing from you,

Louisa, Stacy & Michelle
GHHS Team

Networking

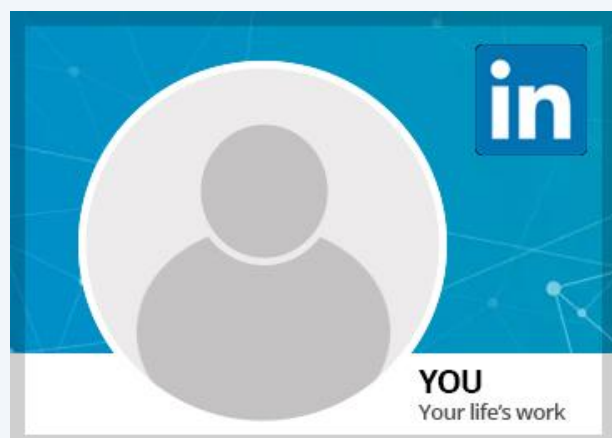
Connect with your fellow leaders in humanism.



Join the LinkedIn group for GHHS members

The way to change the world is to work together. We have started a new LinkedIn group for Gold Humanism Honor Society members to provide an easy way for you to connect with other leaders of humanism across the globe.

The group is private, only open to Gold Humanism Honor Society members. Click [here](#) to request to join.



Join the group

Humanism in Action

Advocacy work of your fellow GHHS members.



GHHS leaders kick off the 2021 International Initiative

The Gold Humanism Honor Society has announced its latest initiative, **"Healing the Heart of Healthcare: Reimagining How We Listen, Connect, and Collaborate,"** a multi-year

theme designed to help galvanize GHHS medical chapters and GHHS members in practice. It is a call to reinforce our essential humanism and humanity.



We launched the new initiative with a podcast conversation with four GHHS leaders: From left, **Dr. Colleen Christmas**, an Associate Professor at Johns Hopkins and GHHS Advisory Council member; **GHHS member Liz Mensah**, an Emory University medical student and former president of the GHHS Chapter; **GHHS member Dr. Linda Stone**, Leonard Tow Humanism in Medicine Award honoree, former GHHS chapter advisor at Ohio State University and current Special Assistant to the Dean for Humanism and Professionalism; and **Louisa Tuito**, Director of Program Initiatives and GHHS.

Listen Now

You can be part of "Healing the Heart of Healthcare"

We invite you to take the lead in collaborating with GHHS colleagues at your current institution (we can help you find them) or reconnecting with GHHS members from your medical school chapter to create your own event, project, or piece of this new initiative.

[Learn how to get involved.](#)



The work you and your fellow GHHS members do will be showcased at the **Healing the Heart of Humanism Summit** in May 2022. If you are interested in partnering with other GHHS members, or showcasing your work at our summit, **[please fill out this form.](#)**

Sign up to be a facilitator at grief & resilience workshop at our 2022 virtual conference

We are exploring a possible session to address grief and resilience as part of our virtual

conference in spring 2022 for the GHHS International Initiative. During this interactive workshop, members of GHHS and the Gold community will participate in small, intimate groups. They will be prompted by a facilitator to reflect, write, and share individual reflections and discover personally useful coping tools they can draw on in the future.

If you are interested in collaborating with **Kat Hurley, LMSW, APHSW-C**, a Palliative Care Social Worker at Morgan Stanley Children's Hospital of New York-Presbyterian, to create the session or serve as a facilitator, please [sign up](#).

Sign Up

Watch the 2021 Jordan J. Cohen Lecture with GHHS members Dr. Nadine Burke Harris & Dr. Rana Awdish

California Surgeon General and **GHHS member Nadine Burke Harris, MD, MPH, FAAP**, presented the 2021 Jordan J. Cohen Humanism in Medicine Lecture at the AAMC. Dr. Burke Harris is an award-winning physician, researcher and advocate dedicated to changing the way our society responds to one of the most serious, expensive and widespread public health crises of our time: childhood trauma. She is the author of *The Deepest Well: Healing the Long-Term Effects of Childhood Adversity* and the recipient of the Arnold P. Gold Foundation Humanism in Medicine Award presented by the American Academy of Pediatrics.



Dr. Burke Harris was joined by 2019 Jordan J. Cohen Humanism in Medicine Lecturer and **GHHS member Rana Awdish, MD**, who is the author of *In Shock*.

For the first time, the lecture recording is available free to all. [Register on the AAMC website](#) to access the recording.

FREE resource: [Roadmap for Resilience: The California Surgeon General's Report on Adverse Childhood Experiences, Toxic Stress, and Health](#)

2021 Vilcek-Gold Award presented to two GHHS members who are advocates for immigrant health and careers



GHHS members Dr. Jirayut "New" Latthivongskorn and Dr. Denisse Rojas Marquez, along with Angel Ku, established Pre-Health Dreamers (PHDreamers), a network to help young immigrants who want to pursue higher education and careers in healthcare. Both physicians arrived in America as undocumented children and faced immense challenges in their path to medical school. For their leadership, Dr. Latthivongskorn and Marquez were honored with the 2021 Vilcek-Gold Award for Humanism in Healthcare. [Read more about their award and advocacy.](#)

OPEN CALL: Nominations are being accepted now for the [2022 Vilcek-Gold Award](#). Deadline: January 24, 2022.

GHHS member Dr. Olapeju Simoyan shares her journey through 5+ Gold programs

GHHS member Dr. Olapeju Simoyan began her career in healthcare as a dentist, and then went to medical, where she first encountered the Gold Foundation through her White Coat Ceremony. In the years since, she has been a Gold Student Summer Fellow, a Gold Humanism Scholar at the Harvard Macy Institute, a Tow honoree, and a GHHS chapter advisor! She is now Executive Director of Research at Caron Treatment Centers and Professor in the Department of Psychiatry at Drexel University College of Medicine. Hear her story and learn about her advocacy work on our Gold Connection podcast.



[Listen Now](#)

Are you leading advocacy work that would resonate with your fellow GHHS members? Are you planning an event or deep into research that would be of interest to your GHHS colleagues? Did you publish a paper, a tool, a webinar, or a podcast you'd like to share?

To share your work, contact [Louisa Twito](#), [Stacy Morris](#), or [Michelle Sloane](#).

Health & Healing

Caring for our mental health and well-being.



"We need to battle the stigma" of mental illness

Connection through GHHS is one way we can be there for one another. A recent Gold Connection podcast episode features an intimate conversation about one doctor's own story of addiction and how we can help each other foster wellness.

Hear from **Dr. Steven Wengel** and **Dr. Kenneth Zoucha**, who are both physicians at University of Nebraska Medical Center.

Dr. Zoucha is a recognized leader in addiction medicine for the State of Nebraska and serves as Director of Addiction Medicine for the Department of Psychiatry at UNMC. Dr. Wengel is University of Nebraska at Omaha's first Assistant Vice Chancellor for Campus Wellness and a member of the GHHS Wellness Committee.



[Listen Now](#)

*If you are struggling, please reach out. The National Suicide Prevention Lifeline is available 24 hours a day, 7 days a week at **1-800-273-8255**. We do not want to lose you.*

If you know someone who is struggling, please reach out to them. Ask them how they are feeling. Let them know that they matter. It can make a real difference.

[Visit the Gold Clinician Wellbeing page](#) for resources and practical tools.

If you are interested in joining the Gold Humanism Honor Society's Wellness Committee, please contact [Louisa Tvito](#) at ltvito@gold-foundation.org.

Gold Collection

Showcasing your creative expression.



Golden Glimmers are a way for GHHS members to express themselves, and at the same time stay connected with their GHHS peers. New themes are introduced periodically, and a selection of submissions are shared on the Gold website, social media, and here in this newsletter. The current theme, Golden Glimmer #9, is writing a Tanka poem about wellness.

[View the Tanka gallery](#)

[Submit a Tanka poem](#)

SP

he was compassion
smiles, hugs, and laughter
didn't know the pain
he was struggling under
your loss was our reminder

Samantha Nandyal

OMS-IV
OUHCOM



TO THE HEALER

Healer, you are flesh
The best of us get tired too
Show your brokenness
That you may be healed too
For what good are you shattered

Isuan Asikhia

Child and Adolescents Psychiatrist
Western New York Children's Psychiatric Center :
Office of Mental Health



Are you a writer, poet, artist, or musician? Do you have another form of creative expression? **Share your own creative work** [through this form](#).

Gold Foundation Updates

Latest news and opportunities.



2022 Vilcek-Gold Award nominations are now open. Nominate a foreign-born leader who has made an extraordinary impact on humanism in U.S. healthcare. The \$10,000 cash prize is presented at the AAMC Annual Meeting. Deadline: January 24, 2022.

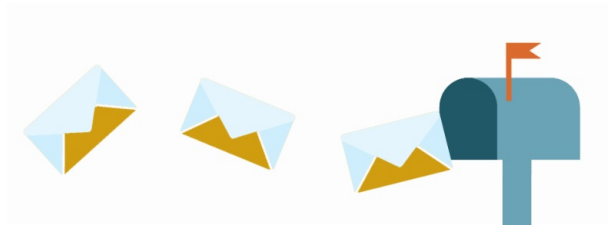
Gold Partners Council membership: Is your institution a member of our Gold Partners Council? Members are hospitals, health systems, academic medical centers, and medical schools who are leaders of humanism in healthcare. Check out the [benefits](#), along with the current list of [medical school](#)

[members](#) and [hospital and medical center members](#).

Update your information in our GHHS Directory: New address? New title? As you move from medical school to residency to fellowships and to positions of leadership around the world, please [update your info in our GHHS directory](#). This helps you to be invited to GHHS/Gold networking and other special events. Thank you!

Give back to GHHS: Would you like to support the Gold Humanism Honor Society? Donations to the Gold Foundation help support grants to GHHS chapters, programs like the Gold Student Summer Fellowships, and resources like our Gold Human InSight Webinars. [You can contribute on our website](#) through a one-time donation or set up a recurring monthly donation to help support GHHS members and the many Gold programs.

[Contribute Now](#)



GHHS Founders

The Russell Berrie Foundation | The Robert Wood Johnson Foundation | Anonymous

Stay Connected with Us



www.gold-foundation.org | 201.567.7999

Just a reminder that you're receiving this email because you have expressed an interest in The Arnold P. Gold Foundation. If you prefer to no longer receive communication from us, please use the "unsubscribe" button at the top of the page or the SafeUnsubscribe link at the bottom to opt out rather than send this message to your spam folder. If the service receives spam reports, they will no longer allow us to send e-blasts to our constituents through their service. If you DO want to continue to hear from us, don't forget to add info@gold-foundation.org to your address book so we'll be sure to land in your inbox! Thanks for your cooperation.