

Solidarity Week

The Week of Valentine's Day

Solidarity Week for Compassionate Patient Care is a weeklong recognition event. GHHS chapters, medical schools, and patient care institutions from across the country promote activities to celebrate their dedication to ensuring compassionate, patient-centered care.

Share your plans for solidarity week by filling out this [form](#)! Download the banner [here](#).

Solidarity Week Programming Ideas:

Tell Me More Program

- Medical students ask patients three questions about their personal lives, which is then turned into three phrases and displayed on either a dry-erase poster above patient beds. Everyone who enters the room can read the phrases and be reminded that each patient is a unique individual. This information can also be input into medical records and daily rounds. The medical staff can also wear Tell Me More nametags displaying a humanizing trait. Contact Pia Miller at pmiller@gold-foundation.org to arrange a Tell Me More® license for your institution.

Patients as Professors

- Patients are invited to speak on a panel to discuss their experiences with health care professionals.

Take Five Minutes

- Add just 5 minutes to the time spent with patients to better understand them as people. Ask a question about a patient or family member's experiences, perspective, hopes, dreams, feelings, etc. and then really listen to the response.



Thank a Resident Day

The Friday following Valentine's Week

Residency is a key component of graduate medical training, offering an in-depth exposure to medical practice. It can often lead to long working hours matched with many responsibilities. Residents serve as the "house staff" of the hospital and are an integral part to the healthcare team, often serving as indispensable resources for medical students, especially during a clinical clerkship. Join the Gold Humanism Honor Society in bringing to light the importance of the residence staff and encouraging medical students at chapters throughout the nation to show our gratitude and appreciation on February 24th.

Share your plans for Thank a Resident Day by filling out this [form](#)! Download the banner [here](#)!

For ideas to celebrate residents, view the following [PowerPoint](#).

Furthermore, keep connected with others who are also partaking in thank a resident day celebration via [social media](#)!

